

# cocaine and crack

## CAUSE & EFFECT



### SHORT-TERM EFFECTS

#### Brain

Memory loss, seizures, convulsions, reduced attention, insomnia

#### Nasal

Frequent nose bleeds, nasal damage, loss of sense of smell

#### Throat

Soreness, hoarse voice

#### Heart

Increased heart rate and blood pressure

#### Skin

Constant itchy skin

#### Stomach

Loss of appetite, nausea, vomiting, stomach pains

### LONG-TERM EFFECTS

#### Brain

Memory loss, stroke, brain damage

#### Systemic

Fever, infectious disease

#### Heart

Heart attack

#### Lungs

Breathing problems, coughing up blood

#### Kidney

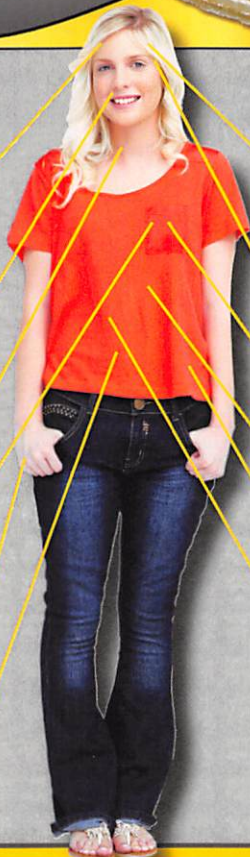
Kidney damage

#### Liver

Liver damage

#### Physical

Extreme weight loss, fatigue, death



### BEHAVIORAL HEALTH EFFECTS:

Paranoia, anxiety, hallucinations, delusions, addiction

### SO, WHAT IS THE DIFFERENCE BETWEEN COCAINE AND CRACK?

Cocaine is a white powder that comes from the coca plant. Crack is cocaine that's mixed with ammonia, water and baking soda. These ingredients, boiled together, produce chunks - or "rocks" - of crack cocaine.

**STREET NAMES:** Aunt Nora, Blow, Bolivian Marching Powder, Big C, Coke, Flake, Freebase, Lady, Nose Candy, Rock, Snow, Snowbird, Toot, White Lady, Yayo, Booger Sugar



# FACTS ABOUT COCAINE AND CRACK:



- It's a felony to buy, sell, or use cocaine or crack.
- Both cocaine and crack are highly addictive.
- When you're hooked on cocaine, you start to build up a tolerance for it - you have to do more and more cocaine just to feel anything.
- Crack is just as dangerous and addictive as cocaine, with the added risk of lung problems.
- Many dangerous chemicals are mixed with the harvested coca plant to create cocaine, including rat poison and arsenic.
- When cocaine is combined with alcohol use, there is a greater risk of sudden death.
- Cocaine users often die from cardiac arrest, followed by respiratory failure (you stop breathing).
- When using needles to inject cocaine, there is a greater risk of getting HIV and hepatitis.
- Many people have died after taking their first bump of cocaine.

## Refusal Tips

Basically, there's not a big difference between crack and cocaine - at least not as far as your health is concerned. Both drugs will kill you, and both drugs are highly addictive and dangerous. So, if someone tries to pressure you into using cocaine, simply say "no", or try one of these lines:

- "No way! That stuff causes your nose to bleed."
- "Nah! That stuff is dangerous."
- "No thanks. I'm already having a good time."



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