

COCAINE AND CRACK

Cocaine is a drug made from the leaves of the South American coca plant. Crack is created using cocaine and several chemicals.



IDENTIFICATION

Street Names: Aunt Nora, Blow, Bolivian Marching Powder, Big C, Coke, Flake, Freebase, Lady, Nose Candy, Rock, Snow, Snowbird, Toot, White Lady, Yayo, Booger Sugar

What's it Do? Cocaine travels straight to your brain and produces a short lived high that is almost immediately followed by feelings of depression and cravings for more.

How's it Used? Snorted, injected or smoked.

So, What's the Difference Between Cocaine and Crack? Cocaine is a white powder that comes from the coca plant. Crack is cocaine that's mixed with ammonia, water and baking soda. These ingredients, boiled together, produce chunks-or "rocks"-of crack cocaine.

Warning Signs of Abuse

- Problems at school/work
- Losing interest in extracurricular activities
- Change of eating habits and loss of weight
- Neglected appearance
- Changes in sleeping habits
- Runny or bloody nose
- Extremely talkative; fast speech



Facts about Cocaine and Crack

- It's a felony to buy, sell, or use cocaine or crack.
- Both cocaine and crack are highly addictive.
- When you're hooked on cocaine, you start to build up a tolerance for it - you have to do more and more cocaine just to feel anything.

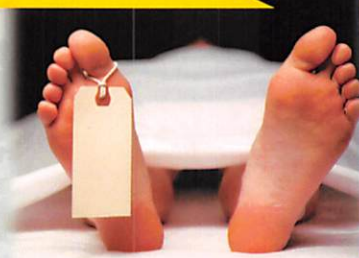
SHORT-TERM EFFECTS

- High blood pressure
- Increased heart rate
- Decreased appetite
- Nausea and vomiting
- Nose bleeds
- Anxiety
- Convulsions



LONG-TERM EFFECTS

- Seizures
- Breathing problems
- Increased risk of heart attack and stroke
- Extreme weight loss
- Death



Refusal Tips for Kids

It's not always easy for a kid to keep their cool in the face of peer pressure. Give them a few suggestions on how to say "NO" like:

- "No way! That stuff causes your nose to bleed."
- "Nah! That stuff is dangerous."
- "No thanks. I'm already having a good time."

Cocaine and crack are highly addictive drugs. When someone begins using, the need for the drug takes over, and nothing else matters. Think a little cocaine can't hurt? Think again.



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JUST THE FACTS